



Select Health Network Quality Measures- 2019

1. Breast Cancer Screening

(NQF #2372 Measure Steward is NCQA)

Measure Description

The percentage of women 50-74 years of age who had a mammogram to screen for breast cancer.

Numerator Statement

Women who received one or more mammograms to screen for breast cancer anytime on or between October 1 two years prior to the measurement year through December 31 of the measurement year.

Denominator Statement

Women 52-74 years as of December 31 of the measurement year

Note: this denominator statement captures women age 50-74 years; it is structured to account for the look-back period for mammograms.

Exclusions

Bilateral mastectomy any time during the member's history through December 31 of the measurement year. Any of the following meet criteria for bilateral mastectomy:

- Bilateral mastectomy
- Unilateral mastectomy with a bilateral modifier
- Two unilateral mastectomies on different dates of service and
- Both of the following (on the same date of service): Unilateral mastectomy with a right-side modifier and unilateral mastectomy with a left-side modifier.

2. Cervical Cancer Screening

(NQF #0031 Measure Steward is NCQA)

Measure Description:

Percentage of women 21–64 years of age who were screened for cervical cancer using either of the following criteria:

- Women age 21–64 who had cervical cytology performed every 3 years.
- Women age 30–64 who had cervical cytology/human papillomavirus (HPV) co-testing performed every 5 years.

Numerator Statement:

The number of women who were screened for cervical cancer.

Denominator Statement:

Women 24-64 years of age as of the end of the measurement year.



Exclusions:

Exclude women who had a hysterectomy with no residual cervix, cervical agenesis or acquired absence of cervix any time during their medical history through the end of the measurement year.

3. Colorectal Cancer Screening

(NQF #0034 Measure Steward is NCQA)

Measure Description:

The percentage of patients 50–75 years of age who had appropriate screening for colorectal cancer.

Numerator Statement:

One or more screenings for colorectal cancer. Any of the following meet criteria:

- Fecal occult blood test (FOBT) during the measurement year. For administrative data, assume the required number of samples were returned regardless of FOBT type.
- Flexible sigmoidoscopy during the measurement year or the four years prior to the measurement year.
- Colonoscopy during the measurement year or the nine years prior to the measurement year.
- CT colonography during the measurement year or the four years prior to the measurement year
- FIT-DNA test during the measurement year or the two years prior to the measurement year

Denominator Statement:

Patients 51–75 years of age as of the end of the measurement year.

Exclusions:

Exclude patients with a diagnosis of colorectal cancer or total colectomy

4. Comprehensive Diabetes Care: Hemoglobin A1c (HbA1c) Poor Control (>9.0%)

(NQF# 0059 Measure Steward is NCQA)

Measure Description:

The percentage of patients 18-75 years of age with diabetes (type 1 and type 2) whose most recent HbA1c level during the measurement year was greater than 9.0% (poor control) or was missing a result, or if an HbA1c test was not done during the measurement year.

Numerator Statement:

Patients whose most recent HbA1c level is greater than 9.0% or is missing a result, or for whom an HbA1c test was not done during the measurement year. The outcome is an out of range result of an HbA1c test, indicating poor control of diabetes. Poor control puts the individual at risk for complications including renal failure, blindness, and neurologic damage. There is no need for risk adjustment for this intermediate outcome measure.

Denominator Statement:

Patients 18-75 years of age by the end of the measurement year who had a diagnosis of diabetes (type 1 or type 2) during the measurement year or the year prior to the measurement year.

Exclusions:

Exclusions (optional):

-Exclude patients who did not have a diagnosis of diabetes, in any setting, during the measurement year or the year prior to the measurement year.

AND



- Exclude patients who meet either of the following criteria:
- A diagnosis of polycystic ovaries, in any setting, any time in the patient's history through December 31 of the measurement year.
 - A diagnosis of gestational or steroid-induced diabetes, in any setting, during the measurement year or the year prior to the measurement year.

5. Well-Child Visits in the First 15 Months of Life
(NQF #1392 Measure Steward NCQA)

Measure Description:

The percentage of children 15 months old who had the recommended number of well-child visits with a PCP during their first 15 months of life.

Numerator Statement:

Children who received the following number of well-child visits with a PCP during their first 15 months of life:

- No well-child visits
- One well-child visit
- Two well-child visits
- Three well-child visits
- Four well-child visits
- Five well-child visits
- Six or more well-child visits

Denominator Statement:

Children 15 months old during the measurement year.

Exclusions:

None

6. Well Child Visits in the Third, Fourth, Fifth, and Sixth Years of Life (W34)

Measure Description:

The percentage of patients 3-6 years of age who received one or more well-child visits with a PCP during the measurement year.

Numerator Statement:

Children who received at least one well-child visit with a PCP during the measurement year.

Denominator Statement:

Children ages 3-6 as of December 31 of the measurement year.

Exclusions:

None



7. Adolescent Well-Care Visits (AWC)

Measure Description:

The percentage of patients 12-21 years of age who had at least one comprehensive well-care visit with a PCP or an OB/GYN during the measurement year.

Numerator Statement:

Adolescents who received at least one comprehensive well-care visit with a PCP or OB/GYN practitioner during the measurement year.

Denominator Statement:

Adolescents ages 12-21 as of December 31 of the measurement year.

Exclusions:

None

8. Adults' Access to Preventive/Ambulatory Health Services (AAP)

Measure Description:

The percentage of patients 20 years of age and older who had an ambulatory or preventive care visit.

Numerator Statement:

Patients 20 years or older who had an ambulatory or preventive care visit during the measurement year.

Denominator Statement:

Members 20 years and older as of December 31 of the measurement year.

Exclusions:

None

9. BMI Screening and Follow Up

Measure Description:

Body Mass Index (BMI) Screening and Follow-Up Plan: The percentage of patients age 18 years and older with a BMI documented during the prior 12 months AND with a BMI outside of normal parameters, a follow-up plan during the prior 12 months.

Normal Parameters:

- Age 65 years and older BMI => 23 and < 30 kg/m²
- Age 18 – 64 years BMI => 18.5 and < 25 kg/m²

10. Influenza Immunization

Measure Description:

The percentage of patients age 1 year and older who received an influenza immunization in 12 months prior to the measure end date.



11. Tobacco Use Screening and Cessation Intervention

Measure Description:

The percentage of patients age 18 years and older who were screened for tobacco use one or more times within the 24 months prior to the measure end date AND who received cessation intervention if identified as a tobacco user.

12. Use of Imaging Studies for Low Back Pain

(NQF #52 Measure Steward NCQA)

Measure Description:

The percentage of members with a primary diagnosis of low back pain who did not have an imaging study (plain x-ray, MRI, CT scan) within 28 days of the diagnosis.

The measure is reported as an inverted rate [$1 - (\text{numerator}/\text{eligible population})$]. A higher score indicates appropriate treatment of low back pain (i.e., the proportion for whom imaging studies did not occur).

Numerator Statement:

Members who received an imaging study (plain x-ray, MRI, CT scan) conducted on the index episode start date or in the 28 days following the index episode start date.

A diagnosis code from Table LBP-A must be in conjunction with an imaging study code in Table LBP-D.

Denominator Statement:

All members aged 18 years at the beginning of the measurement year to 50 years by the end of the measurement year who had an outpatient or ED encounter with a principal diagnosis of low back pain during period starting at the beginning of the measurement year through 28 days prior to the end of the measurement year.

Exclusions:

Exclude patients with a low back pain diagnosis during the 180 days prior to the index episode start date.

Exclude patients who have a diagnosis for which an imaging study in the presence of low back pain is clinically indicated.

- Cancer: Exclude members who with a diagnosis of cancer. Look as far back as possible in the member's history through 28 days after the index episode start date.
- Recent trauma, intravenous drug abuse, neurological impairment: Exclude members who have any of these diagnoses in the 12 months prior to the index episode start date through 28 days after the index episode start date.