



Freedom from Smoking[®] tobacco cessation program.

The health of every individual affects us all.

Join Tobacco Education Coordinator Latorya Greene for the next seven-week Freedom from Smoking[®] tobacco cessation program for 2019.

Program begins on:
Wed., Jan. 09, 2019
6 - 7:30 pm

Program ends on:
Wed., Feb. 20, 2019
6 - 7:30 pm

Location:
Saint Joseph Health System Pavilion II
707 E. Cedar St.
South Bend, IN 46617

Quit Day will be during week 4!

These classes are provided free of charge by Saint Joseph Health System.
For more information or to register, call Latorya Greene at 574.335.4684.